

	H1	H2	H1	H2	H1	H2	H1	H2	H1	H2	H1	H2	H1	H2
	Montag		Dienstag		Mittwoch		Donnerstag		Freitag		Samstag		Sonntag	
08:30					Pilates 8:30–9:15									
09:00			Zumba 9:00–9:45		Rückenfit 9:15–10:00		Externe Belegung 8:30–10:30							
09:30	Zumba 9:30–10:15													
10:00														
10:30														
11:00	<h1>KURSPPLAN</h1>													
11:30														
12:00														
12:30														
13:00														
13:30														
14:00														
14:30					Tanzmäuse (3-4J.) 14:30-15:15									
15:00														
15:30	Tanzmäuse (3-4J.) 15:15-16:00	Little Boys (6-10J.) 15:15-16:00			Happy Feet (5-6J.) 15:15-16:00				Kinder-Ballett 1 (4-6J.) 15:15-16:00					
16:00	Hip Hop Kids / Teens (ab 9J.) 16:00-17:00		Hip Hop Minikids (6-8J.) 16:00-17:00				Formation Dance to be 16:00-17:30			Kinder-Ballett 2 (ab 7J.) 16:00-17:00				
16:30		Happy Feet (5-6J.) 16:30-17:15			Formation Made to Move 16:30-18:00				Hip Hop Boys (ab 11J.) 17:00-18:00	Jazz/Modern (ab 12J.) 17:00-18:00				
17:00	Breakdance (ab 8J.) 17:00-18:00		Hip Hop Kids (9-12J.) 17:00-18:00											
17:30														
18:00	Hip Hop Next Level (M/F) 18:00–19:00		Hip Hop Teens (ab 13J.) 18:00-19:00		Commercial PoP 18:00-19:00		Hip Hop First Level (A/M) 18:00-19:00	Showgruppe REMIX 18:00-19:30	Formation FUNtastic 18:00-19:30					
18:30														
19:00	Hip Hop Ü30 19:00–20:00	Sling Training 19:00-20:00	Formation Aspire 19:00-20:30	Showgruppe DASH Lights 19:00-20:30	Salsa Next Level 19:00-20:00	Pilates 19:10–19:55	Hip Hop Masterclass (F) 19:00-20:00							
19:30														
20:00	Zumba 20:00-20:45	Bauch X-press 20:00-20:30			Zumba 20:00-20:45		Formation Better your Best 20:00-21:30	Salsa First Level 20:00-21:00	Formation Spectacular 19:30-21:00					
20:30			dancit by Christian Polanc 20:30-21:30											
21:00	Bodyfit 20:45-21:15				Intervall-T 20:45-21:15									
21:30														

Frei für Kinder-Geburtstage
13:00-17:00

frei für Paartanz
15:00-16:00

Paartanz
Anfänger Kurs
8x, ab 24.09.
16:00-17:00

Paartanz
First Level
17:00-18:00

Paartanz
Next Level
18:15-19:15

Paartanz
Masterclass
19:30-20:30

Freies Tanzen

(Paartanz ohne Trainer)

17:00-20:00